

Fact Sheet

Seeking Carer Stories for the 'My National Voice' Website

Mission:

The 'Grass Roots to National Voice' website raises the awareness of the experience of caring for a loved one with a mental illness. It conducts systemic advocacy to promote the message that appropriate services and carer support can have a life-changing impact on consumers' and their families' future and help break the cycle of mental illness and promote recovery.

Goal:

To provide a tangible platform that enables mental health carer advocacy.

Objectives:

1. To provide a space where carers can feel their stories are heard and listened to.
2. To provide a vehicle for individual carers issues and experiences to be collated into a systemic advocacy campaign.
3. To raise the profile of carer issues.

Carer Stories:

We are currently seeking personal stories for the initial start-up and pilot of the website.

The carer stories are the back bone of the whole website. The stories:

- Are 300-500 words
- Can be anonymous.
- Can be accompanied by a picture.
- Carers will be provided by prompting questions to allow them to write their story. Alternatively they may wish to tell their story verbally and have MHCAA write their story.

The process of story approval is:

- a) stories will be submitted to MHCAA by carers,
- b) edited by MHCAA,
- c) final approval provided by the carer,
- d) signed consent form completed by the carer,
- e) the story is uploaded on the website.

More information:

If you would like to submit a story or find out more about the project please contact:

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Days of work: Wednesday, Thursday, Friday